

# Carmel Convent School, Chatrapur

## Second Unit Test

06 October 2020

Dear Parents,

Greetings from Sr.Dorette!

The first terminal examination is starting on **2<sup>nd</sup> November** to **13 November 2020 for Nursery to Class X**. This year the examination is online due to the pandemic. The Timetable will be posted soon on the website and in Google Classroom. Although we understand your financial and other difficulties, we earnestly request you to pay the **1<sup>st</sup> Instalment** for the year 2020-21.

**Digital Admit Card:** All those who clear the fee will get a digital admit card and question papers will be posted individually in their Google Classroom.

You have two options to pay fees: In the School or in the bank. School office will remain open only till 12.00 noon.

**Personal Health:** It is important to keep oneself healthy physically emotionally and spiritually. For your **physical** health, eat healthy food that are rich in vitamins and proteins and exercise daily to build your immunity. For your **emotional** health, keep good relationship with family and friends. Spend time with your loved ones and share your feelings. In case of stress and anxiety, talk to a person who can guide you. It is good to consult mental health professionals for better guidance. For your **spiritual** health, spend time in silence and prayer, read scripture passages and do meditation. Reach out to others who are in need and help them. You will **experience the peace of God** within you. In this manner we can fight Corona better.

**Examination:** This examination is important as it will be considered for promotion to the next class. Encourage your wards to put in sincere efforts in preparing for the exam. Attend the online classes, refer to the video lessons of teachers, do sufficient writing practice and have the revision. Teachers are always ready to clarify the doubts of students.

Thank you for your understanding and co-operation.

Sincerely,

Sr.Dorette

Principal